# Jason Lavalle

Behavioral Health Specialist, LICSW

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**Clinical & AI portfolio** jasonlavalle.com/meta/

## Professional profile

Washington LICSW with 14 years of postgraduate clinical experience and 10 years of independent licensure. Eight years providing mental health care to Meta employees as a Lyra contracted provider, including crisis support and leave facilitation. Experience collaborating across clinical disciplines, improving care workflows, and developing clinical web tools with AI.

## Clinical projects, workflow improvement and applied AI

- Developed a medical leave process to streamline clinical assessment and documentation for employees in crisis, now being expanded for use across all Premise Health sites.
- Use ChatGPT for Clinicians and refine prompts and clinical instructions. Review outputs for accuracy, omissions, and unsupported statements; retain responsibility for clinical decisions and final documentation.
- Manage clinical web projects from identifying needs through design, revision, and publication; configure custom domains and static hosting for forms and interactive HTML presentations.
- Coordinate with clinic leadership and present care access and utilization statistics to inform clinical workflow improvements.

## Professional experience

### Premise Health

Behavioral Health Specialist, Fred Hutch employee clinic | Dec 2025 to present

- Provide culturally responsive employee behavioral healthcare to people from diverse cultural backgrounds; collaborate with healthcare professionals on treatment and referrals.
- Conduct medical leave assessments; contribute to workflow improvements, therapist recruitment, and hiring.

### Private Practice

Psychotherapist / LICSW | Oct 2018 to present

- Provide adult psychotherapy, crisis support, and leave evaluations. Through Lyra, have cared for Meta employees for eight years.
- Provide clinical consultation to support professionals with case review, treatment decisions, and ethical questions.

### UW Medicine

Behavioral Health Specialist | Jun 2016 to Oct 2018

- Provided culturally responsive assessment and treatment to people from diverse cultural backgrounds in the Behavioral Health Integration Program, collaborating with physicians and psychiatrists.
- Supported people in acute mental health crisis; conducted suicide risk assessments and contributed to relapse prevention and discharge planning.

### Sound Mental Health

Child & Family Behavioral Health Specialist | Aug 2012 to Jun 2016

- Provided assessment and psychotherapy for children, adolescents, and families; facilitated adolescent chemical dependency groups.

## Education and licensure

**The University of Texas at Austin**
MSW, 2012, High Honors; BSW, 2010, High Honors
Washington LICSW, LW60686322. Completed Washington-required clinical supervision training.